

HEY, YOU'RE PART OF THIS COMMUNITY!

Join us for this 2019 Mental Health Week event and learn about small steps we can all take to promote mental wellbeing in our communities.

What

When

Where

More info

**WA
MENTAL
HEALTH
WEEK**

6-12 OCTOBER 2019

mhw.waamh.org.au



Government of Western Australia
Mental Health Commission



WAAMH
Western Australian Association
for Mental Health



#mentalhealthstartshere



@MentalHealthWeekWA